# **Chasing Shades**

# Leader Guide | Week 6

## **Key Things You Heard**

- Faith
- Experience God's Grace
- Awe
- Resolve

## **Pray**

Heavenly Father, our time here is limited. We are all aging, and time is running out. So often, we become fearful as we age, but this doesn't have to be the case. We are called to be people of faith. People who have faith that you are enough in each and every circumstance. Lord, teach us to not only trust in you but how to live for you in every circumstance of life. In Jesus' name, amen.

#### **Tweetable Moments**

"Solomon looked for something to satisfy, but it escaped him. It doesn't have to escape us."

"Solomon knew the answer. He just didn't make the investment in that direction."

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## **Questions for Conversation**

**Icebreaker:** Tell about a time you were afraid of something as a child. Or, tell about a time someone scared you.

- "Solomon knew the answer. He just didn't make the investment in that direction." Tell about a time in your life when this has been true for you. What does making an investment in the Lord look like? How do we invest in eternal things?
- Read Ecclesiastes 12:1. What insight can you glean from this verse regarding your family, vocation, wealth, and ministry? How will investing wisely in these areas when you are young change their outcome when "...the days of trouble come and the years approach when you say, "I find no pleasure in them...."
- Is there a difference between being afraid of something and fear? If so, what is it? In what areas of your life do you experience fear?
- Jerry used the acronym F.E.A.R. to help us navigate the fear in our lives. Do you remember what the acronym stood for? (Faith, Experience God's grace, Awe, Resolve) Explain how each reference in the acronym helps us overcome fear.

#### Now Go Do It (resources and next steps)

**Challenge:** We often suffer in silence when it comes to our fears. If you have a fear that is keeping you from living fully for the Lord, reach out to someone in your group, a Campus Pastor or a professional counselor, and let them know.

Review the acronym F.E.A.R., journal how this can be applied to your life, and make a plan.

**F**aith

**E**xperience God's Grace

**A**we

**R**esolve