

Weeds In My Garden

Leader Guide | Week 3

Key Things You Heard

- The lie Satan tells us is that we are ruined.
- God is not surprised by our struggles.
- God is not surprised by our sin.
- Nothing is too small for God.
- God has the power to restore that which is broken and ruined.
- It is never too late.

Pray

Heavenly Father, We are tired of believing the lies of the enemy. You are not surprised by our struggles and our sin. Nothing is too big or too small for you to take care of us. Teach us. Help us. Let us learn to live in Truth. In Jesus' name, amen.

Tweetable Moments

"There is no area of your life that does not have spiritual meaning, purpose, or consequences. However, everything is not exclusively spiritual."

"Satan gets you to make your diagnosis bigger than your choices and bigger than y our God."

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Questions for Conversation

Icebreaker: Have the group mingle for about 15 minutes. Each person is to find something they have in common with each person in the room. Find things like hobbies, music, interests, foods, family traditions, etc. They can be different things for each individual. They should not be outwardly identifiable items such as hair color, clothing, or body parts.

- Clayton said in this week's sermon, "Satan often tries to get you to take ownership of your diagnosis. What did he mean? Why is this so important to remember if you have a diagnosis? Why is it important to remember if you are helping someone with a diagnosis? (Leader Note: Clayton's example was, "My anxiety, my depression, my chemical malfunction, my schizophrenia. We treat it like, my wallet, my pants, my car. The wallet is not you. And neither is the depression.)
- Read **Luke 4:16-21**. The reason Jesus came was to help and heal us. He ministered in people's physical, mental, biological, and spiritual buckets. What are some stories in the Bible that reveal this truth? (Physical, John 8:1-11; Mental, Luke 8:35; Biological, Mark 5:25-24; Spiritual, Luke 5:17-39) Why should knowing this increase our faith? What hope does it give those in your life struggling in these areas? What light does this shed on how you can improve your ministry to struggling people?
- Read **Luke 12:6-7**. Have you ever been guilty of withholding the little things in your life from God? Why do we do this? What is the trap that is set when we try to manage the little things ourselves?
- As a group, take some time to pray about next week's sermon. Ask God to bring people to hear the truth and come to a saving faith in Jesus. Ask God to us each one of us to start a revival in our communities as we preach and teach the Truth.

Now Go Do It (resources and next steps)

Challenge: Does the Bible say anything about mental health and trauma? It is a great question. Watch this video on RightNow Media to gain some insight on this topic. Mental Health and Trauma: What does the Bible Say About Mental Health and Trauma. (<https://app.rightnowmedia.org/en/player/video/491411?session=491421>)